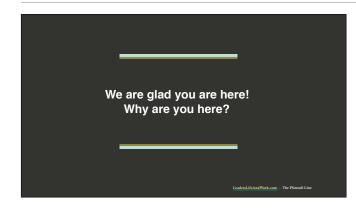


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People may think strange of it, he explained, "but I *must* have some relief from this terrible anxiety or it will kill me."





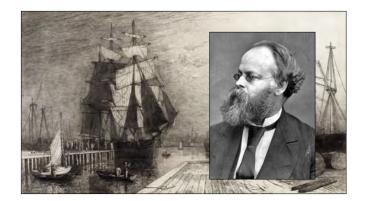






Elijah violated his Plimsoll Line



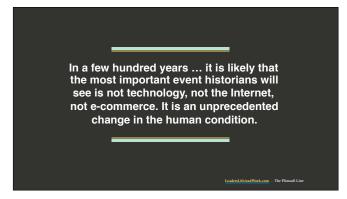


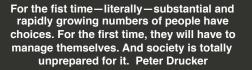




I know better than anybody what my constitution will bear and what it will not.

John Adams





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- · Capacities and limitations.





Leaders "draw the line" based on an understanding of their capacities.

Why you CAN'T do it all!
Applying the capacity formula to life.
John Piper: Mountains are not meant to envy. What does God want me to learn from my limitations?



# Week 3 Lightening The Load

If your ship is sinking dangerously deep, it is time to lighten the load.

4 questions you must ask & answer to effectively lighten the load.
Three lists: To Be, Stop Doing, To Do



### Week 4 Drawing The Line

How to begin to draw a line around the hull of your life and leadership.

- Why your IDENTITY is more important than your CAPACITY.
- How to draw the line and what do
- Jesus' sustainability plan.





## About capacities and limitations

#### 1. No leader has the capacity to do it all.

What is this thing you are doing for the people? Why are you alone sitting as judge while all the people stand around you from morning until evening? Exodus 18:14

Woodrow Wilson: "I need all the \_\_\_\_\_ I can borrow."

## About capacities and limitations

#### 2. Leaders have differing capacities.

Moreover, look for able men from all the people, men who fear God, who are trustworthy and hate a bribe, and place such men as chiefs of thousands, of hundreds, of fifties, and of tens? Exodus 18:21

John Piper: "Mountains are not meant to envy." Who has a bigger capacity than you do?

## About capacities and limitations

#### 3. Leaders must assess their capacities.

For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. Romans 12:3

3 Diagnostic Questions: What do you do well?

# About capacities and limitations

### 4. Leaders must lead within their capacities.

You and the people will certainly wear yourselves out, for the thing is too heavy for you. You are not able to bear it alone. Exodus 18:18

Psalm 127:2 — Sleep is a reminder of the limitations of our God-given capacities.







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