



Sustainability Plan

Pay careful attention to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God, which he obtained with his own blood. Acts 20:28

Getting started:

1. Life is not static, but dynamic. We live dynamically but teach in a linear fashion.
2. Everyone has limits (2 Timothy 4:13). [Plimsoll Line](#)
3. I am responsible to pay attention to my life, doctrine, and people (Acts 20:28; 1 Timothy 4:16; Proverbs 4:23)
4. A sustainability plan has to be in keeping with God's Word and God's wiring. ([Drucker](#))

YBH:

1. Abide daily

"I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing." John 15:5

- Quote: "It's not the mountain we conquer, but ourselves" Sir Edmund Hillary
- Quote: "We must all inevitably suffer one of two pains: the pain of discipline or the pain of regret." Jim Rohn
- Principle/Axiom: Lead out of rest ([Psalm 127:2](#))
Dr. Charlie McCall: "The time to rest is when you're tired." "Listen to your body"
- Principle/Axiom: Müller's secret: "The first great and primary business to which I ought to attend every day was, to have my soul happy in the Lord." ([Luke 10:42](#))
- Assessment Tool: [The Plimsoll Line](#)
- Daily Practice: [Preach the gospel to yourself](#) ([Psalm 42:5,11](#))
- Daily Practice: [The Leader's Magic Hours](#): (1) Exercise: Making deposits in your future effectiveness bank account. Keystone habit (walking) (2) QT: Müller's secret. (3) Read: Axiom: [Leaders are readers](#); (4) Write: "[The Power of a Leader's Words](#)"; (5) Think: Axiom: Leadership is a thinking game. Post: "[10 Assessment Questions Every Leader Must Ask](#)"; Post: "[Think For A Change - WLC](#)"



2. Sabbath Weekly

“Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God.” Exodus 20:8-9

- Quote: “In contemporary society our Adversary majors in three things: noise, hurry, and crowds. If he can keep us engaged in ‘muchness’ and ‘manyness,’ he will rest satisfied.” Richard Foster
- Principle/Axiom: God can do more in six than I can do in seven.
- Post: [“The Missing Piece of Your Weekend Puzzle”](#)
- Weekly Practice: Plan your week (Role/Goal/Task/Time) (MacDonald’s Laws of Unseized Time):

3. Evaluate monthly

“Pay careful attention to yourselves” (Acts 20:28); “Watch your life” (1 Timothy 4:16)

- Quote: “The quality of our work as leaders and the quality of our lives depends significantly on the questions we ask and the people about whom we ask the questions.” MDP
- Principle/Axiom: Leaders check their gauges.
- Monthly Practice: [Checking The Gauges](#), “Fill Your Tank.”

4. Retreat quarterly/seasonally

- Evaluate: Vision Frame (Church/Personal); Plan: Rest. Big Assignments. Goals.

