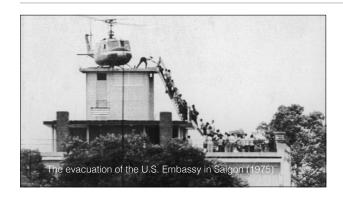


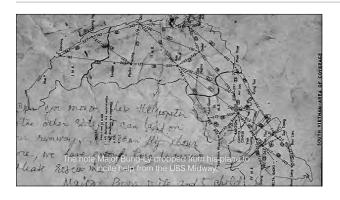
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## YBH: How do we lighten the load?



- 1. What is weighing me down?\*
- 2. Why am I carrying it?
- 3. How can I lighten the load?
- 4. What will I gain by offloading?

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#### Before you try to lighten the load

#### Identity:

- You are greatly loved by the Father.
  Romans 8:29-38
  You are gifted by God.
  Romans 12:3-6
  You are a limited edition of one.

- Psalm 139:14

   You are "not your own."
  1 Corinthians 6:19-20



What one thing could you do (you are not doing it now), that if you did on a regular basis, would make a tremendous positive difference in your life?

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# Before you try to lighten the load

Responsibility: I am ultimately responsible to be the best "me" I can be for God.

In the next life the Lord will not ask me, "Why were you not Moses?" He will ask me, "Why were you not Tommy?"



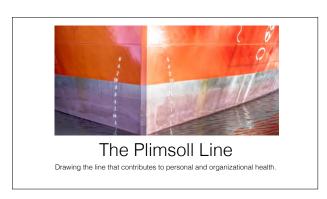
# Before you try to lighten the load

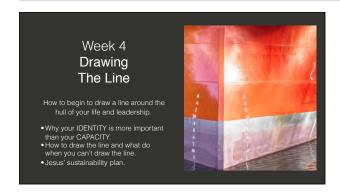
We must all settle the matters of identity (who we are in Christ), priorities (urgent and important), and responsibilities (living in light of how God designed us) or we will "add to" or "push off" the wrong things from the deck of our ship.

# YBH: How do we lighten the load? 1. What is weighing me down?\* 2. Why am I carrying it? 3. How can Llighten the load? Three Lists 4. What will I gain by offloading?













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